

# Life Perspectives®

miscarriage hurts®  abortion changes you®

## Memorial Suggestions for Reproductive Loss

There are many ways for faith leaders to help a family memorialize their reproductive loss. These memorial practices can transform isolating loss into stories of grace, community and shared sorrow.

Here are a few suggestions:

- ❖ Offer a memorial service for the family that was impacted by a pregnancy loss.
- ❖ Offer an annual memorial service for your whole congregation to memorialize any pregnancy loss. A good time to hold these services is in October for Pregnancy & Infant Loss Awareness Month, or specifically around October 15<sup>th</sup> which is Pregnancy & Infant Loss Remembrance Day.
- ❖ Provide funeral service options – private or public.
- ❖ Offer burial options – private or formal interment.
- ❖ Create a beautiful, tranquil area of remembrance.
- ❖ Plant a tree or a memorial garden.
- ❖ Display a memorial statue, or create a special place to honor the child on your grounds.
- ❖ Send sympathy cards to the family.
- ❖ Provide a memorial remembrance item, such as a candle, medal or stone.