

Life Perspectives®

miscarriage hurts®  abortion changes you®

Reproductive Loss 102: Continuing the Healing Journey

With the prevalence of reproductive loss in the United States, clinicians have a great opportunity to explore this loss upon intake and journey alongside individuals in their healing. Understanding grief and trauma are essential components in breaking the silence and making the “invisible loss” visible, as well as building a strong therapeutic alliance with clients. This advanced course empowers both the clinician and the client to understand expected behaviors in reproductive loss and use a unified protocol approach.

Educational Goal and Objectives

- ❖ Understand the relationship between grief and trauma related to the healing process
- ❖ Formulate a comprehensive assessment incorporating reproductive loss
- ❖ Apply evidenced-based theoretical models for conceptualizing grief
- ❖ Establish, discuss, and evaluate treatment planning
- ❖ Learn and implement at least three interventions

Course Outline

I. Aspects of Trauma Informed Care: Possible Impact on the Reproductive Story Loss

- A. Explore trauma informed care as it pertains to reproductive loss
- B. Understand the prevalence of trauma in reproductive loss
- C. Review clinician self-assessment
- D. Promote client empowerment

II. Comprehensive Assessment: What is the Complete Story

- A. Conduct ongoing assessment
- B. Evaluate emotions, functioning before and after the loss, and risk factors
- C. Assess for client strengths
- D. Review important aspects clinicians should not miss

III. Conceptualization Process: How the Story is Unfolding

- A. Consider adult development stages, common emotions, and trauma bond
- B. Understand differences between grief counseling and grief therapy
- C. Explore the diagnostic spectrum
- D. Understand and apply evidenced based theories

IV. Therapeutic Process: How to Journey Alongside

- A. Differentiate companioning vs treating
- B. Include interdisciplinary work
- C. Apply unified protocol with case
- D. Conduct outcome measures for clients

