

Life Perspectives®

miscarriage hurts®  abortion changes you®

Reproductive Loss 101: Facilitating the Grieving Process

Educational Goals & Learning Objectives

- ❖ Describe the prevalence of reproductive loss.
- ❖ Recognize the emotional meaning and impact of reproductive loss.
- ❖ Differentiate disenfranchised grief from typical grief reactions.
- ❖ List three therapeutic strategies for amelioration of reproductive grief.

Course Syllabus

Disenfranchised Grief & Reproductive Story

- A. Impact on Clients
 - Reproductive Loss Statistics
 - Perinatal Grief Scale (PGS) studies
 - Disenfranchised Grief [Doka]
- B. Reproductive Grief & Loss
 - Reproductive Story [Jaffe, Diamond]
 - Tasks of Grieving [Worden]
 - Goals of Grief Counseling

Therapeutic Strategies & Case Studies

- C. First Session
 - Intake
 - Build Rapport
 - Grief Education
- D. Multiple Sessions
 - In-depth Assessment
 - Eclectic Approach
 - Rewrite Reproductive Story
- E. Grief Education
 - Couples, Men, and Family Members
 - Cultural Competency
 - Self-care

